

FORMAT EXPLANATION FOR BRAZILIAN JIU JITSU (GI & NO-GI)

SUBMISSIONS/POINTS FOR GI AND NO-GI

Children, Teens, and Adult White belts will compete in the same standard “Points or Submission” format that you see at a typical tournament.

However, Adult Blue belts and above will be competing in a “submission only” format. If neither fighter submits the other, neither fighter advances.

- **Children:** Competitors will fight one 3-minute match. Winner will be decided by points or submission. Girls & boys fight together.
- **Youth/Teens:** Competitors will fight one 4-minute match. Winner will be decided by points or submission. Girls & boys fight together.
- **Adult White Belts:** Men & Women will compete in separate divisions. Competitors will fight one 5-minute match. Winner will be decided by points or submission.
- **Adult Blue, Purple, Brown and Black:** Men & Women will fight in separate divisions. Submission only. All matches are 8 minutes long. You must submit your opponent in order to advance. If neither fighter submits the other, neither fighter advances.

DIVISIONS (age, weight & skill level)

Because this is a small local tournament we cannot accurately predict how many competitors will enter this event. Therefore the exact ranges of the various divisions (age, rank and weight) will not be determined until the day of the tournament, after everyone has signed up and weighed in. Competitors will be grouped more by size and skill level than by age, especially in the kids divisions. Bear in mind that we may have to merge competitors of different ages, weight classes, and/or skill levels if we don't have enough competitors to fill a particular division. If we have enough competitors, the weight classes will be as follows:

WEIGHT CLASSES

- Children and Youth will be split into 3 weight classes: Light, Middle and Heavy. (exact ranges TBD at day of event)
- Adult Women will be split into 3 weight classes: Light, Middle and Heavy. (exact ranges TBD at day of event)
- Adult Men will be split into 4 weight classes. (exact ranges TBD at day of event, but you can use the table below as a general guideline for the Adult Men)
 - Light: 155 lbs and below
 - Middle: 156 lbs – 171 lbs
 - Light Heavy: 172 lbs – 187 lbs
 - Heavy: 188 lbs and above

AWARDS

- Children will receive Olympic style medals for all 1st, 2nd & 3rd place winners.
- Youth/Teens will receive Olympic style medals for all 1st, 2nd & 3rd place winners.
- Adults will receive:
 - 1st to Olympic style medals (1st, 2nd and 3rd place winners).
 - Olympic style medals for all 2nd and 3rd place winners.
 - Women's Gi Absolute to Absolute Gi, Absolute No-Gi winners shall receive \$200 cash.
 - Takedown winner shall receive \$100 cash.